

## Step by Step Instructions for making Masks

What we need (All our fabrics are 100% cotton)

### PART A

1. 9" x 9" solid color fabric
2. 9" x 9" printed color fabric
3. 9" x 9" Interfacing fusible
4. 2 – 6" X 3" fabric for the side – ear loop holder

PART B (*Depending upon what the kit has, as there is a shortage of elastic and twill tape ribbon*)

#### Option 1 – Make your own Bias tape

1. 2 – 25" X 2" fabric for the tie

#### Option 2 – Twill tape ribbon

1. 2 – 25" X 2" fabric for the tie

#### Option 3 – Elastic

2. 2 – 8" or 10" elastic for the ear loops



## Steps

### PART A

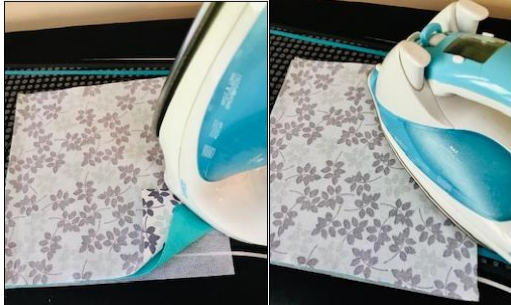
1. Wash your hands with soap before starting.
2. Wipe your work area and sewing machine and other appliances with disinfectant wipes.
3. Keep a hand sanitizer next you.
4. Place the three 9" x 9" fabric as shown in the pic below. The kit will have the three fabric placed correctly  
**(\*Note: In case you alter the fabric placement - The front (that is good) side of the solid color fabric and of printed fabric should be facing each other. The rough side of the Interfacing material should be laid on top of the solid color fabric (other side).)**



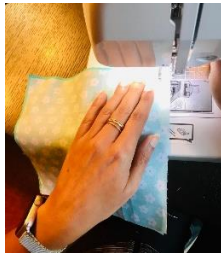
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5. Iron the three fabric together as shown in the pic below, so that the interfacing gets fused with the solid cloth fabric.

(\*Note: Do not iron the Interfacing material directly or it would be destroyed in high heat. Interfacing is used to give the stiffness and avoid using the wire around the nose.)



6. Stitch  $\frac{1}{4}$ " seam on two ends as shown in the pic.



7. Next, turn the mask inside out from one of the opening and iron both sides.



8. Make 3 pleats and iron it



9. Sew the pleats on both ends using  $\frac{1}{4}$ " seam.



10. Next is to create the loop holder, attach the 6"x3" fabric with the front end facing down and 2 ends folded and stitch using 1cm seam.

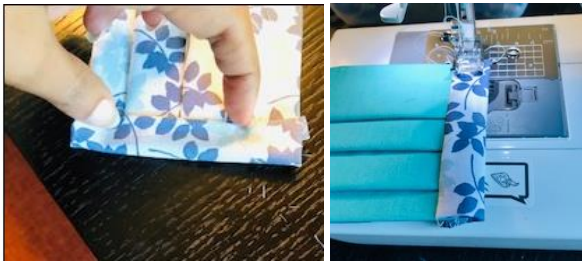
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11. Fold the fabric over to the other side as shown below



12. Stich through the folded fabric.



13. Repeat step 10 through 12 to do the same on the other side.



14. You can either insert the Elastic loop or create straps through.



### **PART B**

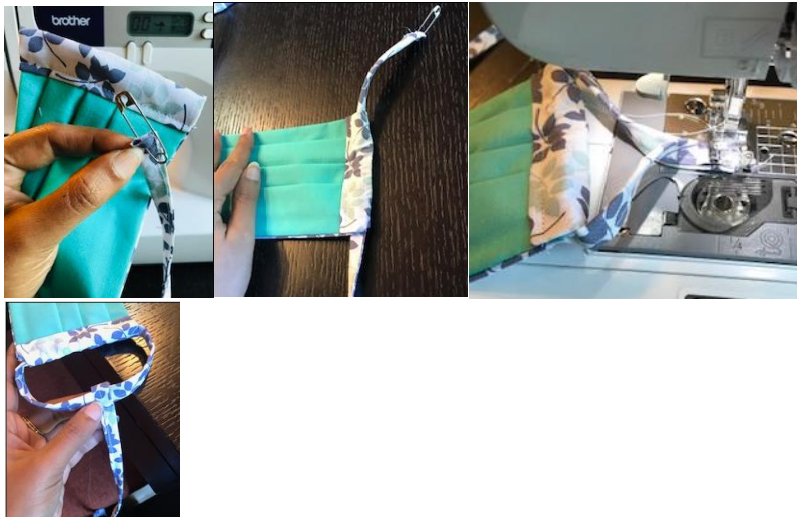
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### OPTION 1 or 2 – Follow the below steps for bias tape using the same fabric or twill tape ribbon

1. To make the bias tape for the ear loop and tie



2. Get the ear loop



### OPTION 3 – Elastic

1. Loop through the 8" or 10" elastic through the loop holder.

(\*Note: Some try to stitch directly on both the ends of the mask which is fine too, but looping through will give a more snug fit and due to the use of interfacing the mask stays at place and that avoids the use of a wire around the nose, which if not done properly could poke the face.)

### Final Packing

- Wash hands with Soap,
- Sanitize the appliances to be used
- Iron once again before you package.

